

## Safeguarding Newsletter – Spring Term 2024

Welcome to our latest edition of the Newsletter from the St. Nicholas Primary School Safeguarding Team. We aim to bring you all the latest, relevant help and advice we feel will be of importance to you.

Safeguarding & Child Protection is of paramount importance for the children of St. Nicholas that we have decided to have a termly newsletter that shares key information and advice with parents and carers, so that we can all work together with the same aim of keeping children safe in school, at home and in the wider community.

### New Safeguarding Poster

## Last half term

Last half term, our children participated in Anti-Bullying week. All classes enjoyed making posters, poems and songs to raise awareness of bullying. As well as this, we promoted White Ribbon Day. The children created wonderful ribbons to show who they can talk to if they ever feel unsafe. All children had a fantastic workshop from our local fire service. They taught the children how to stay safe on the roads.



## E Safety

Thank you to all parents and carers who were able to join us for our e-safety workshops last half term. E Safety is of paramount importance to you. This term we are having a focus on e safety and taking part in safer internet day.

### Take action

If you have concerns regarding your child and internet safety, it is important that you discuss your concerns with someone you trust, for example a friend, partner or your child's school. You can also talk to a professional at the NSPCC helpline on 0808 800 5000. Talking about it will help you decide the best action to take to ensure your child is safe. If you are concerned that a child has been, or is being sexually abused, you should report it. You can report directly to CEOP or your local police force. If you think your child is in immediate danger call 999. [Report an incident to CEOP.](#)

### Seeking support for yourself

Whatever your situation it is likely that you will need support for yourself, as well as for your child. Talk to a friend or relative who you trust, who will listen and support you, or call the NSPCC helpline on 0808 800 5000. [Advice on on how to look after yourself.](#)

If you would like to find out more about online safety, please access the recommended links below:

- <https://www.nspcc.org.uk/>
- <https://www.internetmatters.org/>
- <https://www.familylives.org.uk/>
- <https://www.thinkuknow.co.uk/parents>
- <https://www.childnet.com/>
- <https://saferinternet.org.uk/>

We also uploaded our recent parent workshop slides and information to class dojo.



## School Council

Miss Dale and Miss Mowforth are working with our School Councillors to deliver important assemblies linked to our safeguarding calendar. Our school councillors are also supporting a local business through 'Make £5 blossom'.

Here are some of the things our school council will be working on this term:

- Working with our PE ambassadors, looking at our SPORT values
- working with our EAL ambassadors, introducing who they are and celebrating our cultures
- RNLI SOS day – 29.01
- Children's Mental Health Week
- Safer Internet Day



## What is happening this term?

Our unit this half term is 'Dreams and Goals'. This aims to help children think about their hopes and dreams, their goals for success, what their personal strengths are, and how to overcome challenges, using team-work skills and tasks. Children learn about experiencing and managing feelings of pride, ambition, disappointment, success; and they get to share their aspirations, the dreams and goals of others in different cultures/countries, and their dreams for their community and the world. It is great for children to have this experience, to think ambitiously, and to have aspirations.

As well as our PSHE curriculum, we also have a safeguarding calendar. Across this term, we will raise awareness for other key dates on our calendar:

- Martin Luther King Day
- World Religion Day
- Holocaust Day
- RNLI SOS day
- Children's Mental Health Week – Links to time to talk day
- NSPCC number day
- Safer Internet Day
- Wildlife day
- Sign Language Week
- Elimination of racial discrimination
- Ramadan and Holi
- Comic relief
- Earth day
- St George's Day



## NSPCC – Speak out. Stay safe.

We are still participating in the NSPCC's Speak out. Stay safe. online programme. This consists of an online assembly and supporting classroom-based activities. Speak out. Stay safe. is a safeguarding programme available to all primary schools in the United Kingdom. It aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly, interactive way. Last half term, all classes were involved in the online assembly. This term, some classes will also be involved in face-to-face workshops.



## What can you read at home?



## Useful contacts:

- **Women's Aid:** [helpline@womensaid.org.uk](mailto:helpline@womensaid.org.uk)
- **Andy's Mans Club:** [info@andysmanclub.co.uk](mailto:info@andysmanclub.co.uk) – talking groups for men to help you through those storms
- **Early Help and Safeguarding Hub (EHASH):** 01482 448879
- **Preston Road Women's Centre:** 01482 790310
- **Kids Hull SENDIASS:** 01482 467541 – advice and support for parents relating to education, health and social care for families of children and young people aged 0 – 25 in Hull.
- **Hull Food Bank Distribution Centre:** 01482 224783

### **Contact Information**

- School contact: Mrs S Leaf on **01482 444215**, [admin@stnicholas.het.academy](mailto:admin@stnicholas.het.academy)
- If you are worried about a child or a vulnerable adult please contact Early Help and Safeguarding Hub (EHASH) for Hull on **01482 448879**
- If your concern is urgent and there is an immediate risk of harm, then please contact the police on 999